

# No pizza oven? No problem... Serving up the perfect slice in a standard oven

Pizza expert shares tips on how to create the perfect pizza slice for National Pizza Week

Pizza is one of the foods that most of us will agree on. Granted there are toppings and base preferences, but the concept of freshly baked pizza is a firm family favourite. And news just in, serving the perfect slice isn't rocket science and there's no need for a pizza oven, according to one pizza expert.

Pizza specialist, and product director at Jestic Foodservice Solutions the UK's leading pizza oven suppliers, Michael Eyre shares how to quickly, easily, and cheaply convert any conventional oven to create the perfect slice in Britain's <u>National Pizza Week</u> - 20<sup>th</sup>-26<sup>th</sup> November 2023.

"It's as simple as having the right tools to do the job," began Michael. "Every pizza-lover should have a pizza peel and pizza stone to hand to create a dish that takes you to Italy and back in a bite.

"Having worked in the world of pizza for over twenty years, I know how to create a good one but early on I realised as with most things it's about having the right equipment. A peel and stone need to be in your armoury. These can be picked up online from Pro Cook or even Amazon and there are versions to suit all budgets.

"Most stones will come with directions to pre heat them ready for the pizza to go on top. If you forget to preheat it will crack on entering the fire-like oven. The next thing is to turn up the heat. Make sure your oven is on its highest / maximum setting and then it's a real wait and see game – keep a very close eye on your pizza. It may take a bit of trial and error to get the perfect pizza but when you do it feels like a real victory."

Michael does say of course he would always turn to his own pizza oven if given the choice, but due to his inquisitive and creative nature he has even conquered how to create a tasty serving from his BBQ.

"I have even created some culinary pizza delights on my BBQ. In the summer I don't often fancy cooking indoors – so I have now perfected the perfect slice on my BBQ. Again, just make sure you have your pizza stone to hand and then I have found kettle BBQ's or the Kamado type deliver the best dish."

Michael likes to keep things thrifty when he creates his own pizzas at home by using his own dough recipe.

"My number one tip for making pizza at home, keep it simple. Here is a really easy but tasty dough recipe that you can make in a domestic mixer with a dough hook. It makes four 300g dough balls. Make it the day before you need it and put the dough balls in the fridge

overnight in takeaway containers (surely everyone has a drawer full of these), take out of the fridge a couple of hours before you want to cook it, so that it will stretch easily."

## Michael's dough recipe:

## Ingredients:

- 750g good quality pizza flour, preferably "00".
- 450g cold water.
- 15g sea salt.
- 4g dried yeast.

#### Method:

- Put the flour, yeast and about 375-400g of the water into the machine bowl and mix on a fairly slow speed for a couple of minutes until the ingredients are combined, speed the mixer up and wait until the dough starts to get stretchy, this is when you start adding the rest of the water.
- Add it in in 3-4 stages with the salt, mix until the water has been completely absorbed by the dough. The total mixing time will be around 10 minutes. The dough should stretch easily.
- Allow the dough to relax for a couple of hours in the machine bowl and cover.
- Cut the dough into four equal pieces and roll into balls, put each ball in a takeaway container and put in the fridge overnight.
- When the dough has been out of the fridge for a couple of hours it should be room temperature. Press the dough out with your fingers using fine semolina and put on a pizza peel.
- Top with your favourite tomato sauce, cheese, and tasty toppings.
- Now comes the tricky bit slide on to your pre heated pizza stone.
- The cooking time will really depend on the temperature of your oven if you have a garden pizza oven (Alfa ONE or similar) it could be as little as 90-120 seconds.
- If you are using a conventional oven, turn it up to max and allow your pizza stone to heat up with the oven, if you put a cold pizza stone in a hot oven it may crack, it will take five- six minutes.

Michael ends: "I really hope in National Pizza Week that pizza-fans across the nation get kitted up and take charge of their conventional ovens, or if they don't feel like doing the work, they'll turn to their local pizzeria down the road that will conveniently deliver a piping hot pizza direct to their door."

#### **ENDS**

For additional information, images and interview requests, please contact:

Press Office team: (e) <a href="mailto:Becks@hoppr.co.uk">Becks@hoppr.co.uk</a> (t) <a href="mailto:07951605454">07951605454</a>

## **About National Pizza Week:**

National Pizza Week takes place from 20-26 November 2023. The annual event showcases the breadth, quality and innovation found within the UK's pizza sector. Find out more <a href="https://www.itspizzaweek.com">www.itspizzaweek.com</a>

National Pizza Week is sponsored by The Pizza, Pasta & Italian Food Association member Stateside Foods: <a href="https://www.stateside-foods.co.uk/">www.stateside-foods.co.uk/</a>

#### Connect with us:

Website: https://www.itspizzaweek.com/

**Instagram:** @pizzaandpastauk **Twitter:** @pizzaandpastauk

Facebook: @Pizza, Pasta and Italian Food

## About The Pizza, Pasta and Italian Food Association:

The Pizza, Pasta & Italian Food Association (PAPA) is the only formal trade body in the UK representing the broad pizza and Italian food and drink industry. Simply put, they help their members to do better business, whether it be in challenging legislation on their behalf, helping them to understand the impact of changing markets and legislation on their business or in bringing their members together to network and learn. They do all they can to boost the profile of and the opportunity in the pizza, pasta and Italian food market, giving their members – whether they are manufacturers, suppliers or restaurateurs – the best platform from which they can trade.

#### **About Michael:**

Having worked in the UK hospitality industry for more than three decades, Michael has been passionate about pizza for many years. From gas to electric and traditional wood-fired ovens, there's very little Michael doesn't know about pizza ovens, pizza cooking and pizza in general! As well as judging the National Pizza Awards this year, Michael also has been on the judging panel of the PAPA Pizza Chef of the Year competition for many years, and has seen many food trends come and go — whilst pizza remains as popular as ever.

As product director at Jestic Foodservice Solutions, Michael's passion for pizza is part of his everyday life. Jestic is the UK's pizza expert, as well as a leading supplier of pizza ovens to everyone from pubs to chains, as well as independents across the UK. Travelling the country and visiting kitchens in every corner of the UK has given Michael and his team the chance to understand in-depth the needs of chefs in all areas of the market and by sharing this insight with customers – and pizza fans – Jestic is able to help develop, expand, and elevate pizza across the UK.

For more information on the Jestic range of pizza ovens, please visit www.jestic.co.uk